You have the right to:

- Be happy and healthy
- Feel safe
- Break up with someone you are
- Verbally, or emotionally abused
- Not be physically, sexually, or
- Take responsibility for your
- Change your mind
- Grow as an individual in your own
- Grow as your partner's
- Have your needs be as important
- Express your opinions

www.lovesrespect.org

If you are being abused, call the

National Teen Abuse Hotline
1-866-331-9474

or visit

1 in 5 adolescent girls is a victim of

www.stopabuse.org

www.cdc.gov/violenceprevention

Teen's Guide to Stalking

Teens ages 16 to 19 experience the

highest rate of stalking

between the ages of 12 and 19.

Teen's Guide to Stalking

Boys inflict girls more severely and

injuries to the internal organs.

Teen's Guide to Stalking

Girls are more likely to tell.

Teen's Guide to Stalking

abused in different ways:

Teen's Guide to Stalking

Boy's Inflict girls more severely and

Teen's Guide to Stalking

Teen's Guide to Stalking

1 in 5 female high school students report

common

Teen's Guide to Stalking

1 in 5 female high school students report

Teen's Guide to Stalking
**RIGID RULES**
Sees women as dependent and submissive and feels better when doing so.

**LOW SELF-ESTEEM**
Extremely moody and unpredictable.

**JEZEL/HYDE**
Something unrelated to you that takes all anger on you when upset by you.

**DISPLACED AGGRESSION**
Excuse for behavior.
Abuses alcohol and/or drugs and uses it as an escape.

**SUBSTANCE ABUSE**
Is always right and controls the relationship.

**CONTROLLING**
Strikes out when angry and is easily provoked.

**QUICK TEMPER**
Often repeats behavior learned at home.

**JEALOUSY**
Isolates the victim from friends and family.

**YOUR FAULT IT IS NEVER Arians for ANY ABUSE EXCUSE FOR NEVER AN THERE IS IT OR TO AVOID A RIGHT?**

- Do you change your behavior out of fear you will be hurt?
- Do you feel bad about yourself when you feel like you might do harm?
- Are you afraid to end the relationship?
- Have you been forced into having sex?
- Have you ever been hit, kicked, shoved, or down?
- Does your partner constantly put you down?
- Do you have to justify everything you do?
- Are you constantly apologizing?
- Are you afraid to speak your mind?

**ARE YOU BEING ABUSED?**
Feel bad about yourself sexually.
Things you don’t want to do or making you feel sexy.

- Sexual abuse, including forcing you to do participating in activities you can destroy your personal belongings.
- You are forced to say or do things you don’t want to do.
- Emotional/verbal abuse like putting games, controlling behavior, or putting down.
- Physical violence or threat of violence.
- Another person/it can be.

**WHAT IT IS**
Dating abuse is a pattern of abusive behavior.